

JOIN THE MILEAGE CLUB AND GET PHYSICALLY FIT



THIS IS A
GREAT WAY
FOR STUDENTS TO BECOME
SELF MOTIVATED ABOUT
KEEPING FIT

In this program, students will walk on their own time (ie. recess or after school) on the blacktop. Students have been informed that ten times around the blacktop equals one mile.

They will be given a mileage club marker to keep a record of how many miles they walk

The last PE class of the month tokens will be awarded to those students who have walked a mile or miles

The tokens will be added to their mileage chain

This program offers our students their own way
to become physically fit